

3-2-1 reaction

3 things I learned...

2 things I did well...

1 thing I need to improve...









PANTONE®

unique skin tone

自我探索：了解自己，尊重他人

Time to Explore: Understand Yourself, Respect Others

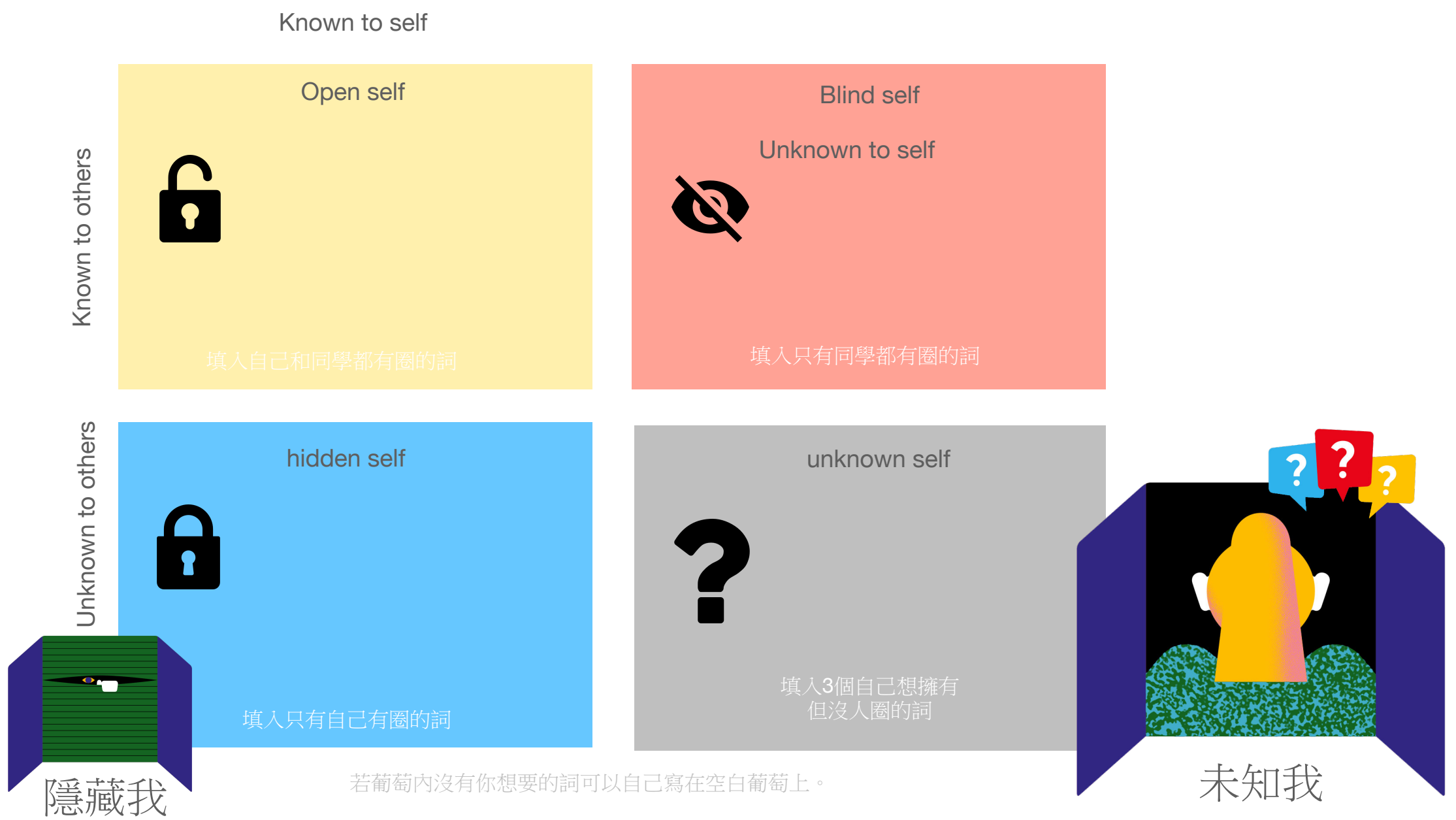
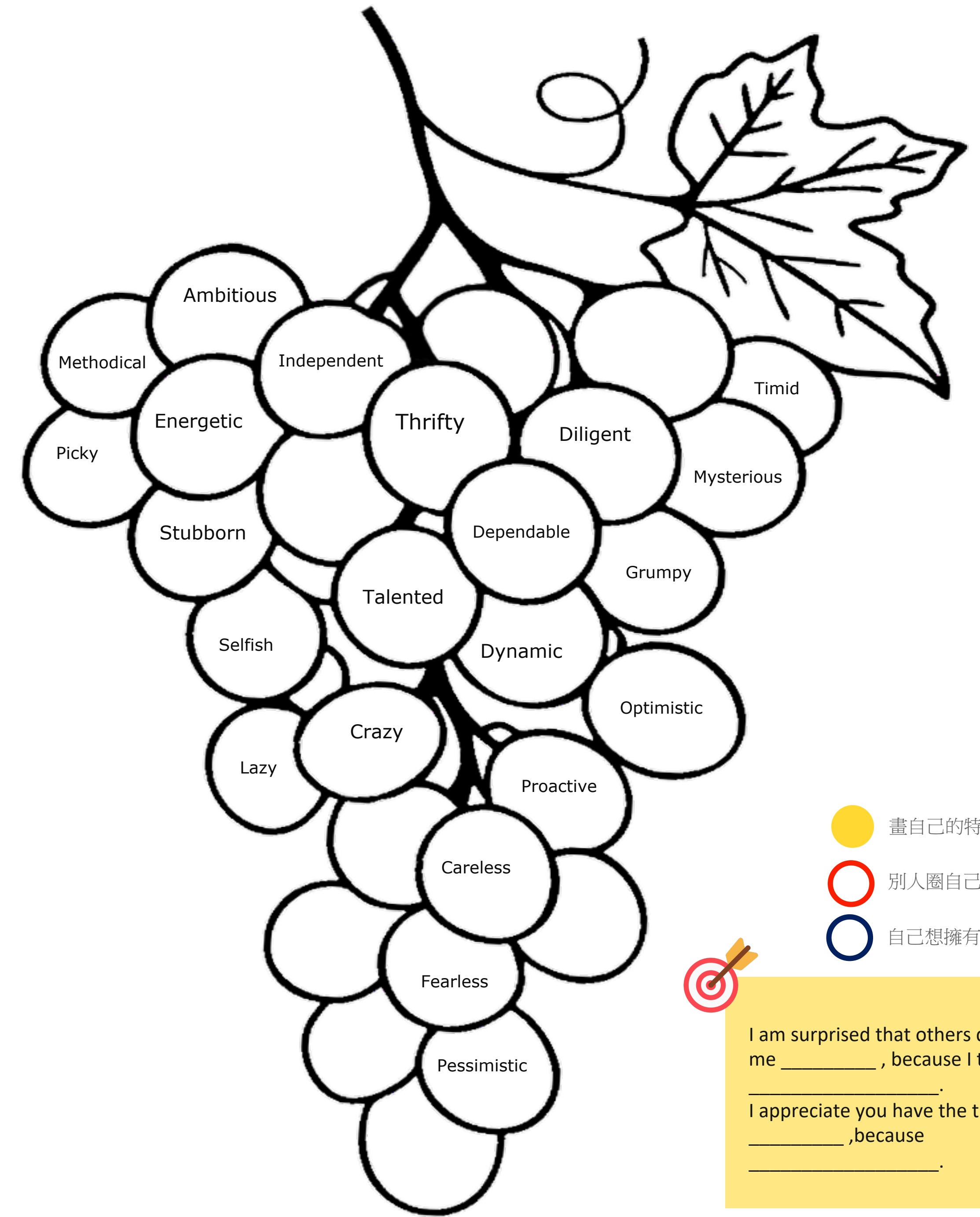
The Johari Window consists of four quadrants, sometimes called windows or selves, which include:


-  **Open:** Information about you that both you and others know.
-  **Blind:** Information about you that you don't know but others do.
-  **Hidden:** Information about you that you know but others don't.
-  **Unknown:** Information about you that neither you nor others know.

Each quadrant embodies your thoughts, feelings, motivations, and personal information as well as experience, skills, interests, and talents. Among groups and teams, working through each quadrant to uncover discrepancies in perception can be a useful framework to establish trust and rapport.


It's your turn.

These simple exercises can be invaluable for personal and professional growth. Follow the Johari Window technique to identify blind spots in your self-perception, uncover hidden strengths, and allow for new opportunities to come your way.



 Why do you have 'blind me'?
 Why do you have 'hidden me'?
 Are you satisfied with who you are now? Why or why not?

思考健將：

 I am surprised that others describe me _____, because I think _____.

I appreciate you have the traits of _____, because _____.

主題	次主題	A	B	C	D	E
鑑賞	審美感知理解	能完整表達對藝術作品所蘊含的美感或內容涵養的感受。	能表達對藝術作品所蘊含的美感或內容涵養的感受。	能大致對藝術作品所蘊含的美感或內容涵養的感受。	僅能嘗試對藝術作品所蘊含的美感或內容涵養的感受。	未達D級
實踐	藝術參與 Gallery walk	能充分地展現團隊合作及協調溝通的能力進行學習。	能展現團隊合作及協調溝通能力進行學習。	願意團隊合作及協調溝通進行學習。	僅能嘗試團隊合作或協調溝通。	未達D級
表現	創作展現 Skin tone	能充分地應用適當技法90%以上(含)呈現自己的膚色。	能應用適當技法70%以上(含)呈現自己的膚色。	能大致應用適當技法50%以上(含)呈現自己的膚色。	能嘗試應用適當技法30%以上(含)呈現自己的膚色。	未達D級

座號		姓名	
評分對象座號	組內分工完成度	能確切依據標準評價他人作品, 並有清楚、具體說明文字	能充分地表達對藝術創作的看法。
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